

# DanceBLING Measuring Sheet

Name \_\_\_\_\_ Date \_\_\_\_\_

\* starred measurements need photo

## Bodice

\* **Bust** \_\_\_\_\_  
Around Body-Fullest Part of Chest

**Shoulder** \_\_\_\_\_  
Edge of Neck to Shoulder

\* **Waist** \_\_\_\_\_  
Natural waist-narrowest part

\* **Sleeve/Arm** \_\_\_\_\_  
Edge of Shoulder to first Knuckle on Thumb

\* **High Hip** \_\_\_\_\_  
Top of Hip Bone

**Shoulderline to Knuckle** \_\_\_\_\_  
Nape of neck to First Knuckle on Thumb

\* **Low Hip** \_\_\_\_\_  
Where leg bends and around bum-Widest Part

**Shoulder to Bust** \_\_\_\_\_  
Top of Shoulder to Center of Bust

**Neck** \_\_\_\_\_  
Around Neck-Cross Tape at Collar

**Bust to Bust** \_\_\_\_\_  
Center of Bust to Other Center

**Around Shoulders** \_\_\_\_\_  
Around the Arms and Upper Body Above the bust

**Around Arm** \_\_\_\_\_  
Over shoulder and Under Arm

## Shoulders

Front

Back

\* **Shoulder to Shoulder Front** \_\_\_\_\_  
Outside edge of Shoulder to Shoulder in Front and Back

\* **Shoulder to Shoulder Back** \_\_\_\_\_  
DANCER SHOULDERS-NOT RELAXED or  
Rounded or OVERLY PINCHED BACK

\* **Across Front/chest** \_\_\_\_\_  
Where the Arm Crease Forms across to the Other in the Front and Back

\* **Across Back** \_\_\_\_\_

## Length

**Shoulder to Waist Front** \_\_\_\_\_  
Length from Top of Shoulder to Waistline in Front and Back

**Shoulder to Waist Back** \_\_\_\_\_

**Shoulder to Low Hip Front** \_\_\_\_\_  
Length from Top of Shoulder to Low Hip in Front  
LOW HIP-WHERE THE LEG BENDS

**Slope-To Waist in Front** \_\_\_\_\_  
Outer edge of shoulder to center of waist  
on a diagonal

**Dress Length** \_\_\_\_\_  
Top of Shoulder to Where Dress should  
end, in front and back

\* **Shoulder to Top of Knee** \_\_\_\_\_  
Length from Top of Shoulder to top of knee